UNIVERSITY OF DEBRECEN

FACULTY OF HEALTH SCIENCES

Training locations:
26 Kassai Street, Debrecen
2-4 Sóstói Street, Nyíregyháza

FI17198

FACULTY BROCHURE

Academic Year 2025/2026

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INTRODUCTION

On behalf of the Faculty of Health Sciences, University of Debrecen, I would like to express my warmest greetings to all admitted first-year students. We respect you for choosing a professional field, which involves serious responsibility, endless patience and many sacrifices, but which is perhaps where the greatest labour shortage lies.
You should be proud of yourselves, as you have become students of one of the country's oldest higher education institutions, whose 13 faculties and 24 doctoral schools provide the broadest spectrum of training and research opportunities for its students in the country.

You have become students of an institution in which the training started in 1990 with 60 first-year students in 2 majors. In 1996, the institution was established as the College Faculty of Health and in 2000 it joined the integrated organization of the University of Debrecen. According to the decision of the Senate of University of Debrecen, from 1st September 2007 the name of the College Faculty of Health was changed to Faculty of Health, thanks to the launch of our first master's degree program. We are special assets of University of Debrecen. We serve science and also meet the challenges that our highly practical training programmes require. Our teachers are scholars whose credibility is based on up-to-date practical knowledge, which is why we will continue to help students with this complex knowledge base. During your studies, you can count on our teachers to take their responsibility seriously in order to prepare you for the professions you have chosen.
May the next years be about learning, getting to know each other, and making lifelong friendships.

The primary purpose of publishing the faculty brochure is to provide our first-year students with comprehensive information about our higher education institution and to help them integrate in every way. In addition to general information, the faculty brochure also briefly describes information related to individual undergraduate programs, specializations, and departments.
The Faculty brochure also includes a list of the most important regulations concerning students at University of Debrecen and Faculty of Health Sciences.
The full text of the regulations can be found on the University (unideb.hu) and Faculty of Health Sciences websites (etk.unideb.hu).

I ask our students to study our publications carefully and become familiar with them, so they can begin their studies in a familiar world.
If you have any problems or would like to have a personal meeting, please contact the vice deans, the directors of the institutes or the staff of the Registrar’s Office, who will be happy to assist you in any way they can.

Dear Student, I wish you to fully and successfully achieve your goals by choosing the Faculty of Health Sciences.
I wish you success, fruitful studies and good health.

August/29/2025

Dr. Marianna Móré Ph.D., Habil.
Dean

TIMETABLE FOR THE ACADEMIC YEAR 2025/2026

Faculty of Health Sciences

The central opening ceremony of the academic year of University of Debrecen	**7 September 2025 (Sunday)**
Registration period – 1st semester	**September 1 – 5 2025**
Exams for subjects taken as examination courses	*September 8 – 12 2025*
First /Fall/ Semester academic period	**September 8 – December 12 2025 (14 weeks)**
Submitting the thesis, applying for the final exam	*November 15 2025*
First semester exam period	**December 15 2025 – January 30 2026 (7 weeks)**
Examination period for students taking their final exams in the fall semester	*December 8 2025 – January 16 2026 (6 weeks)*
Final exam period	**January 19 – 23 2026**
Registration period – 2nd semester	**February 2 – 6 - 2026**
Exams for subjects taken as examination courses	*February 9 – 13 2026*
Second/Spring/ Semester Academic Period	**February 9 – May 22 2026 (15 weeks)**
Submitting the thesis, applying for the final exam	*April 8 2026*
2nd semester spring break	*April 7 – 10 2026*
2nd semester exam period	**May 26 – July 3 2026 (6 weeks)**
Exam period for students taking their final exams in the spring semester	*May 18 – June 5 2026*
Final exam period	**June 8 – 19 2026**

LEADERS OF THE UNIVERSITY

Prof. Dr. Zoltán Szilvássy - Rector

Prof. Dr. László Csernoch – Vice Rector for Scientific Affairs

Prof. Dr. Elek Bartha – Vice Rector for Education

Prof. Dr. Károly Pető – General Deputy Rector

Prof. Dr. Tőzsér József - Vice Rector of Sectoral Development Responsible for Life Sciences

Prof. Dr. Endre Harsányi - Vice Rector of Sectoral Development Responsible for the Development of Agricultural and Food sciences

Prof. Dr. Zoltán Bács - Chancellor

Dr. József Mészáros - Head of Cabinet, Director General

Kevin Németh – President of University Student Government

BOARD OF THE FACULTY OF HEALTH SCIENCES

Dr. Marianna Móré - Dean

Rusinné Prof. Dr. Anita Fedor - Vice Dean for General and Scientific Affairs

Prof. Dr. Mariann Harangi – Vice Dean for Clinical Affairs

Renáta Jávorné Dr. Erdei – Vice Dean for Education

Dr. Péter Takács – Director of Institute

Dr. Gábor Attila Kardos – Director of Institute

Mariann Rajtmárné Zsadányi – Head of Dean's Office

Gábor Kiss – Head of Administration

Kitti Katona – President Faculty Student Government

Anna Bányai - President Faculty Student Government, Nyíregyháza Campus

ENGLISH LANGUAGE TRAINING PROGRAMMES STARTING IN THE ACADEMIC YEAR 2025/2026 AT THE FACULTY OF HEALTH SCIENCES

BSc Programmes

- Nursing (BSc)
- BSc in Physiotherapy
- BSc in Dietetics
- BSc in Public Health

MSc Programmes

- Health Social Work (MSc)
- MSc in Complex Rehabilitation
- MSc in Public Health

MA Programme

- Social Work and Social Economy (MA)

RULES AND REGULATIONS

https://edu.unideb.hu/p/rules-and-regulations

ACADEMIC STAFF OF THE FACULTY OF HEALTH SCIENCES

https://unideb.hu/en/phonebook/department/418

DEAN'S OFFICE

Head of Dean's Office: Mariann Rajtmárné Zsadányi

4028 Debrecen, Kassai u. 26.

Telefon: 0652/512-900/77410

4400 Nyíregyháza, Sóstói út 2-4., Building „D", 1st floor

Telefon: 0642/404-411/78109 v. 78135

Office Hours:

Dr. Marianna Móré, dean: appointment needed

Rusinné Prof. Dr. Anita Fedor, vice dean for general and scientific affairs: appointment needed

Prof. Dr. Mariann Harangi, vice dean for clinical affairs: appointment needed

Renáta Jávorné Dr. Erdei, vice dean for education: appointment needed

STUDENT SELF-GOVERNMENT FACULTY OF HEALTH SCIENCES

"In higher education institutions, a student government operates to represent student interests - as part of the higher education institution."

Who are the members of the Student Government?

We are students too, we go to school, we take exams, we sometimes fall behind, we participate in community life, and most importantly, we do our best every day to make sure that our fellow students experience their university years as smoothly and effectively as possible. We experience firsthand the problems that you may encounter, so we are able to react quickly and find immediate solutions with appropriate tools - in cooperation with faculty teachers and staff.

You can find the list and contact details of the current Student Government representatives on our official website and Facebook page.

Contacts:

Faculty Student Government, Debrecen Campus:
4032 Debrecen, Egyetem tér 1.KLK II. Kollégium Basement 2A06

Faculty Student Government, Nyíregyháza Campus:
4400 Nyíregyháza, Sóstói út 2 – 4, Building „A”, ground floor 7.

At the end of this brief introduction, we only ask three things from you, which will also help our work: trust, patience and enthusiasm. Together! With you!

With friendly greetings,

REGISTRAR'S OFFICE

In the Registrar's Office you can meet the administrator responsible for your training programme in the opening hours. They are ready to help and answer your questions regarding your studies.

Opening hours

Monday: **Closed**

Tuesday, Thursday: **1pm to 3pm**

Wednesday, Friday: **8:30am to 11:30am**

Staff

- **Andrea Horváth**, Head of the Registrar's Office

Nyíregyháza Campus

- **Varga Judit** administrator
    - general administration
- **Angéla Mátyásiné Pócsik**, administrator
    - assists students of training programs in English; Health Care and Prevention BA; Social Work BA; Social Work and Social Economy MA training programs, and postgraduate specialist trainings, assists students of Nursing and Patient Care

Debrecen Campus

- **Regina Szabó**, administrator
    - assists students of training programs in English, **BSc in Physiotherapy**
- **Evelin Vámos,** administrator
    - assists students of training programs in English, **BSc in Public Health**
- **Anna Edit Szász**
    - assists students of training programs in English, **MSc in Public Health**

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NEPTUN STUDY SYSTEM

At University of Debrecen, the **Neptun.Net IT system** is used to perform administrative tasks related to student registration and educational organization. The system is used by educational organizers of academic departments, lecturers, and students. Neptun helps students with the followings:

- Information about their data managed in the system
- Information about their studies, training and subjects
- Application for the advertised courses during the course registration period
- Information about the time and location of their enrolled courses (timetable)
- Application for the exam during the exam application period
- Check the entered marks
- Receiving messages from teachers or administrators within the system

Every student who has been admitted to the University of Debrecen will receive the Neptun code - required for registration - electronically from the Student Administration Center.
Students can access **Neptun** from computers located in the computer rooms and in the library.

A detailed description of how to access the system and how to use the student functions can be found on the website **http://neptun.unideb.hu** under the **Students** heading.

The network ID created to access the **Neptun** study system can also be used to access other IT services: Wi-Fi access, software downloads, and email.

With student entitlement, everybody can manage only their own data. To avoid unauthorized access, it is very important that everyone keeps their login password confidential.

The institution performs the official data services required by law based on the data stored in the system. We would like to draw the attention of our students to check the authenticity of their data managed in the **Neptun** system and any data changes. Inaccurate data should be reported immediately to the academic administrator, who will perform the maintainance of the data.

We would like to remind our students that they should primarily contact the Registrar's Office for academic matters, and that any problems related to courses and exams should be resolved at the related department.

FRIGYES VERZÁR COLLEGE FOR ADVANCED STUDIES

The Frigyes Verzár College for Advanced Studies was founded in 2013 by 10 founding members and teachers, with the support of the Faculty Council of the Faculty of Health, University of Debrecen.

Divisions:

- Social and Human Sciences Division
- Health Sciences Division
- Gerontology Division

Activity: Building and maintaining a professional community that provides high-level, quality professional training, in addition to talent identification and talent management based on the principles of community, social sensitivity and professionalism.
Our goal is to attract students who strive for higher knowledge beyond the mandatory studies and to provide opportunities to develop their skills and thereby become versatile intellectuals open to social problems.
Our goal is to provide high-level theoretical and practical experience appropriate to the faculty's training profile, through lectures, courses, conferences, professional trips, and research. Through their professional knowledge and public engagement, the members of the College can utilize their skills, abilities, and expertise on the labour market.
The aim of the College is to educate a versatile intellectual elite who is open to social problems, who is willing and is able to address them.
We also consider it particularly important to contribute to the development of personal relations between talented students of the Faculty of Health Sciences by involving and maintaining regular contact with previous graduates and colleagues.

LIBRARY

UNIVERSITY OF DEBRECEN
UNIVERSITY AND NATIONAL LIBRARY

Address: 4032 Debrecen, Egyetem tér 1.
E-mail: info@lib.unideb.hu
Website: lib.unideb.hu/en
Tel.: +36 52 518 621 (61921 ext.)
+36 52 518 610 (65781 ext.)

The University and National Library of the University of Debrecen is the second largest library in Hungary and one of the largest organizations of the University of Debrecen, with buildings on every campus. So no matter which faculty you study at, the library will always be close to you.

As a university student, library registration is, of course, free of charge and it only takes a few minutes if you do it online. All you need is a valid University Card (UniPass) to borrow books and use the services.

It is not easy to navigate the mass of information in the 21st century, but the library can provide a helping hand in this regard. Through our compulsory and optional courses, you can acquire the knowledge necessary to write a thesis, search for scientific information, and use university libraries. Moreover, you even get credit for it. You can find more information about our services on the library's website, and we will be happy to answer any questions you may have in person.

FACULTY OF HEALTH SCIENCES, NYÍREGYHÁZA CAMPUS LIBRARY

Address: 4400 Nyíregyháza, Sóstói út 2-4, building 'B', ground floor
Tel: +36 42/404-411/78164 ext.
Staff: Éva Kovács, Ilona Pokareczki

The collection of the Faculty Library is determined by the literature needed for undergraduate courses. The library collects literature from the following scientific fields by topic: *medicine and health sciences, psychology, informatics, computer technology, sociology, social care, law, fiction, language books.*

User groups:

- full-time and correspondence students of the faculty
- faculty members
- external readers

Opening hours:

Monday - Thursday: 8.00-15.50
Friday: 8.00-15.50

INTRODUCTION TO THE NURSING TRAINING CLASSROOM

The objective of the training classrooms:

An essential requirement of training in the Nursing specialization is that students have high-quality healthcare skills, modern practical preparation, and general literacy in the clinical and primary care areas. Through their knowledge, they can improve nursing care by developing the theoretical and practical aspects of nursing science. Based on their expertise, they plan, organize, implement, evaluate and document the somatic, psychological and social care of those entrusted to their care. They also perform specialized nursing tasks with independent responsibility.
The aim of the bachelor and master degree programmes in nursing is to train nursing health science professionals who, with their specialized expert knowledge, have complex decision-making skills and a broader range of competencies in clinical practice. They have the knowledge of life sciences, health sciences, nursing, nutrition, physiotherapy, medicine, and social sciences, with particular regard to clinical, diagnostic, therapeutic, and specialized nursing knowledge, which enables them to work independently in complex, extended patient care, to think critically, and to apply the acquired knowledge in practice, in accordance with their specialization. Their theoretical and practical knowledge enables them to work independently with extended authority in various areas of patient care, including patient examination, diagnosis, and therapeutic procedures, as well as to perform special invasive interventions, patient management and patient education tasks.
Training classrooms provide the opportunity to train scientifically qualified professionals with advanced degrees who master the holistic nursing science and practice listed above at a high level. Here, students can learn the basic principles and basic knowledge of nursing care, so that they can become capable of completing tasks independently, accurately and professionally, documenting them, and working as a team within healthcare. One of the most important questions in our teaching work is whether the nursing profession can become important for young people.
The primary goal of practical training is to integrate theoretical and practical knowledge, develop critical thinking, and problem-solving psychomotor skills. This can be done without a patient (e.g. skill practices) or with a patient (clinical practices). The practical aspect of the educational process is ideally made up of three interconnected steps: demonstration (presentation), skill practices (skill development – four steps), and simulation (improving problem-solving skills).
In the case of practical education, the development of patient presentation is also an additional task, as the presentation of the treatment and care of a patient provides an excellent opportunity for the practical synthesis and deepening of theoretical knowledge. The follow-up discussion is a good opportunity to organize the patient presentation. With the practice method, we can raise knowledge to the level of application by intervening in understanding.

Knowledge that can be acquired in the training classrooms:

1. Students are able to recognize the responsibilities of a nurse and the basic nursing tasks within healthcare. They should be able to recognize and interpret the patient's needs and respond and act independently and/or collaboratively.
2. They should be able to apply theoretical knowledge in practice, use profession-specific terms, manage documentation accurately and professionally and work as a team.
3. Students should know the tools and equipment for professional patient care and how to keep them clean.

4. They should be able to define nursing processes and describe their phases: situation assessment, formulation of nursing diagnoses, planning, implementation, and evaluation.

5. Know the benefits of applying the nursing process. Know the purpose and importance of the "pre-" and "post-" discussions of the practice.
6. Be able to perform patient management and practice it professionally during the regional clinical practice.

Considering the independent functions of nursing, they should be able to assess and meet basic human needs:

- rest needs and their satisfaction (client comfort, keeping their bed tidy, bed types, basic bedding rules)
- movement needs and their satisfaction (walking, sitting, lying down, laying methods and their alternation, etc.)
- nutrition and fluid-electrolyte balance needs and their satisfaction (methods of nutrition and fluid intake)
- hygiene needs and their satisfaction (keeping the body clean, skin protection, bedsore care)
- urination needs and satisfaction, urine collection and storage devices, keeping them clean, sending them for examination. Need for defecation and its satisfaction, collection of feces, sending for examination
- safety needs and their satisfaction (mechanical, chemical, thermal, bacteriological hazards)
- higher-order needs and their satisfaction (needs for community esteem and trust creation, knowledge and understanding, aesthetic needs), communication with the dying person and their family.

Nursing tools and equipment in the training classrooms: Bedford dolls for teaching nursing tasks, male/female catheterization models, models for intramuscular injection, venipuncture and injection arms, training models for practicing enemas, 12-lead ECG device, pulse oximeter, blood pressure monitors, probes, cholesterol meters, secretion aspirators, enema sets, gastric lavage sets, infusion/transfusion devices, modern formulas for artificial feeding, Doppler device, equipment for urine testing, everyday patient care equipment, equipment for diagnostic procedures, etc. The application of theoretical knowledge in practice is facilitated by various low-fidelity devices and phantoms (venous arms, catheterization phantoms, bedsore phantoms, stoma care, etc.).

SIMULATION CENTER

In 2014, a Metiman simulator was purchased and thanks to another European Union development, the creation of a new Simulation Center began. The center was expanded with 5 additional simulators, making it possible to conduct practical competency assessments on both children and adult simulators, in specified practical situations.

The aim of simulation exercises is to integrate the practiced skills into the process, while practicing and analyzing situations that are close to real-life situations. Practices supported by Human Patient Simulators will be able to simulate the entire process of patient care/nursing work. The tasks will be guided by physiological (pathophysiological) processes and scenarios programmed into lifelike phantoms, followed by debriefing/questioning. The goal is to effectively apply this to students in both educational and exam situations.

DIETETICAL TRAINING KITCHEN

The practical training of students studying dietetics at the university is supported by well-equipped training kitchen at both the Debrecen and Szolnok training sites.
In the kitchens, students receive practical training within the framework of the subjects Food Preparation Technologies I-II-III and Dietetics I-II-III. During the Food Preparation Technologies practice, students will become familiar with the most modern kitchen technology procedures. They will master the preparatory, preparation and finishing kitchen technological procedures. They will learn about different raw materials and their most typical methods of preparation and use. During the practices, they will acquire extensive recipe knowledge, which they will utilize in diet and menu planning. Within the framework of the Dietetics subject, only dietetic dishes will be prepared. Students learn the practical basics of diet therapy for various diseases, prepare and taste diet foods. They become familiar with the raw materials that can be used in certain diets, are able to properly select raw materials and select and apply kitchen technological processes that can be used to prepare diet dishes. They will acquire extensive recipe knowledge, which will be utilized in diet and menu planning, as well as individual and group dietetic counseling. The kitchen practices are suitable for transferring knowledge of food safety and food technology while maintaining the background of theoretical education. The kitchens are equipped with modern kitchen technology machines, so the dishes produced meet the modern nutritional needs. The main goal of the practice is to prepare students for independent work and to deepen their theoretical knowledge in practice.

MENTAL HEALTH SERVICES

Address: Debrecen, Poroszlay út 97.
Tel.: 52/518-627
E-mail: demek@unideb.hu
Website: unideb.hu/en/mental-health-services
Opening hours: Monday - Thursday: 8.00–16.00
Friday: 8.00–14.00

You've probably had times when you felt like nothing was going well. Are you having a hard time studying, are you afraid of exams, are you having problems in your relationship or with your parents?
Believe me, you are not alone...
In a homely, furnished location just a few minutes' walk from the university's main building, qualified professionals will help you find solutions to the challenges of everyday life.

Mental health consultation service

Here are some typical problems with which you can turn for help:

- Lifestyle issues
- Relationship problems with parents
- Learning difficulties
- Relationship problems
- Self-esteem problems
- Difficulties in establishing relationships
- Loneliness
- Lack of life goals
- Lack of motivation
- Mood swings

The consultation is **anonymous and free of charge**, without a social security card or medical referral.